



# Scotia-Glenville Senior Citizens Senior Moments



Volume 41 Number 1

January–February 2015

Glenville Senior Center ★ 32 Worden Road, Glenville, NY 12302 ★ 518-374-0734

Senior Moments is issued once every two months i.e. Jan-Feb.; Mar.-Apr.; May-June; July-Aug.; Sep.-Oct. and Nov.-Dec.



## Informational Cruise Night Tuesday, Jan. 27, 2015

Come sail with Linda Reinhardt  
On the Norwegian Dawn  
7 Night Bermuda Cruise

Sign in starts at 6:30 PM – Presentation at 7:00 PM  
Offering refreshments and prize drawings.  
See details on page 8.

## Glenville Seniors Bowling League

Needs more bowlers on Wednesdays at 9:00 am  
Boulevard Bowl - Just show up.  
Want more details? Call 399-5249.  
Lots of fun, laughs, good company.

## Pizza & Movie Night Saturday, Jan. 24th at 5:00 pm

Come join us for this special event on our big screen here at the Glenville Senior Center. Movie not determined at time of this printing. Check at front desk and Social Calendar on bulletin board for more information. Sign up at front desk for reservations. In the event of inclement weather on day of event, check with **Sandy Nolin** at 399-5812. Come out and enjoy our fellowship.



## Valentine's Day Event Friday, Feb. 13th at 12:30 pm

Interactive Ballroom Dance & Cookie Exchange  
Join us for a day of fun with the Ballroom Dancers Group. At 12:30, watch the professionals, then at 1 pm interactive dance participation. Bring your home baked cookies and recipes to exchange. Hot beverages will be served. Please contact **Bertha Fierro**, 377-7615, for more information.

### Trips

Tuesday, January 27th—Cruise Informational Night

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### MARK YOUR CALENDAR

Exec Council: Thu Feb. 5 at 9:00 am at Town Hall  
 Directors: Thu Jan. 8, Feb. 12 at 1:00 pm at Senior Ctr.  
 Senior Moments Deadline: Thu Jan. 29th  
 Senior Moments Mailing: Thu Feb. 26th 9:00 am  
 Center & Dining Center closed: Thu Jan. 1, Mon Jan. 19th,  
 Mon Feb. 16th  
 Senior Center closing at 1 pm: Fri Jan. 2nd

Senior Moments is published by  
the Scotia-Glenville Senior Citizens, Inc.  
Linda Reinhart, 2014 President

Vicki Hillis, Executive Editor, Publisher

Dr. N. Nagarajan, Editor

Angie Pomykai, Assoc. Editor, Distribution Manager

Bob Atwood, Associate Editor

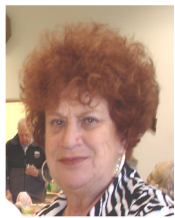
### GLENVILLE SENIOR CENTER

32 Worden Rd., Glenville, NY 12302 (518) 374-0734

Center open 9:00 am to 4:00 pm

Center is closed Sat. & Sun. & holidays except  
open for special events as noted herein.

# SENIOR CENTER NEWS



## A line from Linda

Dear Members,

Here we are getting ready for the holidays and the New Year 2015. Oh my, time does fly. I want to wish all of you "Happy Holidays and a Healthy New Year!"

I have a couple of thank yous I would like to mention. The Veterans Day celebration was a huge success. I'm sure that all who attended, also had a great time. Thank you to **Rep. Paul Tonko, Jim Tedesco and Chris Koetzle**. Also thanks to the Social Committee, **Frank Quinn, Stan Gordon and Vicki Hillis** for all their help.

Again, a special thanks to all the Directors who are leaving the Board, and to the new ones coming aboard.

Also the Christmas Spectacular show in Troy was wonderful, dancing and singing just like a Broadway show.

Please note the upcoming Informational Night on the Cruise to Bermuda will be held on Jan. 27th, 2015. Details may be found in the Trip section.

Happy Holidays!

*Linda*

## Senior Moments Mailing party

**Thursday, Feb. 26th at 9:00 am**

Come join us as we prepare the Senior Moments Newsletter for mailing. Volunteers perform the vital task of folding the Newsletters and applying the pre-printed address labels for mailing. We'll meet in the Dining Center and complete the task usually within 1.5 hours. Refreshments and coffee will be served. We look forward to seeing you there.

## Social Committee News

We're currently seeking volunteers for 2015 to help with functions throughout the upcoming year. Contact Sandy Nolin at 399-5812 for more information.

## Thank you to all of our bakers!

We appreciate everyone who brought in the wonderful baked goods for our Election Day bake sale. We sold out by mid-afternoon!

### Snow Closings and Delays

When Scotia-Glenville Schools are closed due to weather: Center is closed; no van service. If S-G schools are delayed: Center is open; no van service; exercise and painting classes canceled; all programs before 11:00 canceled to allow time for plowing; everything after 11:00 as usual.

**Check local radio and TV for school announcements.**

## Hi from the Editor

Dear Friends,

Despite the promise of the pharmacist that I didn't need a pneumonia booster shot, I was diagnosed with the malady on Nov. 15th, and on antibiotic drug and complete rest for the rest of the month! I am feeling better, and thanks to all friends who called me and sent Get Well card.

**Best Wishes to all in the GSC Family for A HAPPY NEW YEAR in good health & cheer!**

Thanks a bunch to all!



*Nagarajan*

## Vicki's View



I want to start by letting everyone know that we have a new part-time maintenance person. Welcome, Rob.

Also, a note of appreciation for our recent student volunteers from the Scotia-Glenville Middle School, S-G High School and Burnt Hills-Ballston Lake Middle School. The students helped with the Fall gardening clean-up, set up for the Veterans Day celebration and assembled gift bags for our Membership Raffle. How nice to see students get involved in their community.

Thank you to **Putzi Jost** for the colorful mums in the lobby this Fall and beautiful poinsettia at the front desk. Thanks also to **Rosemary Pryne** for bringing in the beautiful wreath in the front lobby.

Now that winter is officially here, we ask your help to keep the carpets clean and the floors dry and safe by changing wet boots or shoes when entering the Center. Boot trays are available in the hallway. Please also note our inclement weather policy: If Scotia-Glenville schools are closed due to weather, we re also closed. If schools are delayed, we are open, but all events before 11 a.m. will be cancelled.

I wish everyone a Happy and Healthy 2015!

*Vicki*

### It's snow season – keep our carpets clean, floors dry and safe!

Please change from wet boots or shoes when entering the Center. This is especially important when taking exercise classes since wet floors are slippery.



# CENTER SERVICES

Center Membership is required unless noted otherwise. Be prepared to show your Membership Card.

## The Sunshine Club

Do you know any member who is recovering from an illness/operation or the family of a member who has died? Or maybe a member who could use an extra ray of sunshine? The Sunshine Club will send a card or make a phone call to let them know that they are in our thoughts and special to us. Contact **Jo Moore** at the Center.

## Box Tops or Labels for Education

Check cans, bags, and boxes of groceries, cleaning supplies, etc., and you'll probably find little symbols like these on many of them. Each of these little symbols is worth 10 cents to our neighboring Glen-Worden Elementary School, so don't throw them away.



Keep looking for these Labels and Box Tops and bring them in so we can help the school achieve their goal to get playground equipment for the school. Our collection box is near the books and magazines in the main hallway. Thanks for your help.

## Display Case

**Emily Childers** has kindly agreed to be the coordinator to schedule upcoming displays. Thank you to **Ed Perazzo** for displaying his collection of Santas in November and to **Ronnie Quinn** for sharing her White House ornaments in December. Watch for the upcoming display in January:

**June Casey**—Hummingbird Collection

We are always in need of collections. Remember, the case is lighted and always locked.

## Senior Center Kazoo Band

Looking for an outlet for your musical talents? Come have some fun and join the Kazoo Band. Call **Ronnie Quinn** (399-5999) or **Bill Vullo** (399-8611) for details.

## Coupons Exchange

There's a coupon exchange box on the table in the hallway. Take what you need; donate those you don't need.

## Van Transportation

For residents of Glenville and Scotia only. Senior Center membership not required.

*Our van must stay within Glenville/Scotia.*

### On-request pickup and delivery



Call 374-0734 M-F between 9 am and noon and at least a day ahead (up to two weeks ahead) to reserve space and schedule a ride to take you on your errands: to the barber or hairdresser, Wal-Mart, grocery store, to visit a friend, etc., within the town. The van operates Monday through Friday, 9 am-3 pm.

**Donations are gratefully accepted to help defray costs.**

*The Center cannot offer transportation to medical appointments, but Catholic Charities may be able to, with ample advance notice; call Catholic Charities 357-4710 (donations accepted).*

### Tuesdays: Scheduled trips to Malls

Call a week ahead to reserve a space. We begin home pickups at 9:30 am and return at 2:00 pm. Schedule subject to change, based on availability of drivers.

**No charge, but donations are appreciated.**

#### Rotterdam Mall

January 13, 27

February 10, 24

#### Clifton Park Mall

January 6, 20

February 3, 17

## We Need Drivers & Dispatchers

Be a regular or substitute driver or a substitute dispatcher. Call **Linda Reinhart** at the Center for information.

## Having a computer problem?

Schedule a one-hour session with a Senior Center computer tutor. Call the Center for appointment. Free to members.



Like Us on Facebook.  
Search **Scotia-Glenville Senior Citizens, Inc.**

**facebook**

## Donate eyeglasses

The Scotia-Glenville Lions Club collects discarded eyeglasses which they restore and give to those less fortunate. So drop off your donation in the box located in the Center library.

# SENIOR CENTER EVENTS

Center Membership is required unless noted otherwise.

## Paint with Peggy

January 12th 9 am - 1:15 pm

Have you ever wanted to try oil painting? Are you afraid you can't paint because you can't draw? Join us at the Senior Center and "Paint with Peggy"! Peggy is a certified Alexander Art Instructor and Wilson Bickford Painting Partner. In the class you will create an **oil painting**.



The January painting will be "Sailing Away". Tired of snow? Think of Summer! We will begin with a blank canvas, and at the end of the class, you will feel as if you can sit on the shore and look across the lake to the distant woods. This painting involves color harmony, perspective and painting deciduous trees.

Peggy provides all the materials from a blank canvas, oil paints and brushes to paper towels. She walks the students through the steps and teaches the techniques to create the painting. This class is for any level of painter, no experience is required. Beginners are welcome.

**Cost:** \$45 for GSC members. Payment due at time of registration. Please make checks payable to **Peggy Porter**. Maximum : 8 students. Sign up at the Front Desk. Call Peggy at 925-2238 for details.



## Membership News

Congratulations to the winners of our Early Renewal Membership Drive for 2015. Lucky winners are:

- |                   |                        |
|-------------------|------------------------|
| 1. Clara Lawyer   | 10. Phyllis Chapman    |
| 2. Putzi Jost     | 11. Barbara Reeder     |
| 3. Jo Moore       | 12. Phyllis Kulmatiski |
| 4. Pamela Dyer    | 13. Rosalie Karlewicz  |
| 5. Dorothy Allen  | 14. Maureen Kucharski  |
| 6. Mary Joy Robb  | 15. Beverly Blowers    |
| 7. Gilbert Kelley |                        |
| 8. Janice Blasé   |                        |
| 9. Sandra Shank   |                        |

Memberships for 2015 are off to a good start with a total of 359 members signed up as we went to press. If you haven't already renewed your membership, why not take a moment to do so now.

We will be checking memberships during the week of January 26<sup>th</sup> through January 30<sup>th</sup>. Please have your new membership card with you when attending activities at the Center.

## Driver Safety Course By Empire Safety Council

This program can reduce your auto insurance premiums. Classes will be of two 3-hour sessions held on two consecutive days. Senior Center membership not required.

**February 17th & 18th, Tuesday/Wednesday, 2-5 pm**  
(Snowdate makeup: Thursday Feb 19th)

**Cost:** Senior Center members: \$22.50; Others: \$26. Pay by check payable to **Armand Canestraro**. NO CASH. Checks are not cashed until the class is held. Participants must register in person at the Front Desk by 2/10. No phone reservations are accepted.

## AARP Tax Return Preparation

**Mon. 9 am—4 pm; Wed. & Fri. 1 pm—4 pm**  
**From Wed. Feb. 4th to Mon. April 13th**

**By Appointment only—Not limited to Senior Center members.**

The tax preparers are AARP-trained volunteers who will prepare and electronically file your Federal and NYS returns free of charge.

After **January 5th**, you may call the Center (374-0734) to schedule your appointment. Please bring a photo ID, Social Security Card for each person to be listed on the return, last year's return, and statements of interest, dividend, capital gains, wages, social security and retirement income in 2014. If you plan to itemize, please have your deductions on property tax, medical expenses, charitable deductions etc. for review.

**NEW THIS YEAR:** If you have Health Insurance, bring **proof of Insurance with you. (Social Security 1099 is acceptable.)** Proof is needed for all dependent who will be listed on your return.

## Stampin' Up Card Workshop

Thursday, Jan. 29th 3-4:30 pm

Cost \$5

Join us for an afternoon of creativity and paper-crafting fun. Materials and instruction provided to make 4 greeting cards. Please sign up in advance at Front Desk. Checks should be made payable to the instructor, **Lynn Streifert**.

# CLASSES AT THE SENIOR CENTER

All classes require registration. Center membership is required; must show current membership card at registration. Please feel free to come and observe any class. Refunds for missed classes must be requested from the instructor.

<b>YMCA WINTER SESSION 1:</b> Mon, Jan 5th - Fri, Feb 13th No Classes will be held on Jan. 19th Fees: 1 class/wk \$20; 2/wk \$30; 3/wk \$42; 4/wk \$52; 5/wk \$60		
<b>WINTER SESSION 2:</b> Registration on Wed, Feb 11th, 9-11 am		
Class	Instructor	Schedule
Fit Over 50	Melissa Lynch Patty McCormack	Mon. 9:15 Fri. 9:15
Flexibility	Melissa Lynch Andrea Leahy	Mon. 11:15 Wed. 10:15
Forever strong	Melissa Lynch Andrea Leahy Patty McCormack	Mon. 10:15 Wed. 11:15 Fri. 10:15
Gentle Pilates for Seniors	Andrea Leahy	Wed. 12:15 Thur. 10:15
Zumba Gold	Andrea Leahy	Tue., Wed., Thur. 9:15

## YMCA Classes

### Fit Over 50

A gentle warm-up, followed by invigorating aerobic, strengthening, & stretching segments. Total body conditioning leaves you feeling energized. 45 minutes.

### Flexibility

Stiff Joints? Need relaxation? This class will help to make everyday tasks easier. 45 minutes of easy stretching and relaxation techniques, performed seated, help ease stiff joints and increase your range of motion.

### Forever strong

Weight-bearing exercises are an effective and simple way to help fight osteoporosis. Light weight-bearing exercises designed to increase both muscle strength and bone density will be performed on both the upper-body and lower-body muscles. Equipment is provided. 45-minute class.

### Gentle Pilates for seniors

This 45-minute class will provide gentle exercises to stretch and strengthen the "Core" muscles of the body. Exercises will focus on the

abdominals, back, and hips to help keep you standing tall. A yoga exercise mat is required, since most of the exercises are done on the floor.

### Zumba Gold

Ditch the workout and join the party! Zumba Gold uses Latin rhythms and easy-to-follow steps to create a dynamic and fun fitness program. 45-minute class.

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## Other Senior Center Classes

### Gentle Yoga

Wednesdays, 2 pm

Yoga can help promote wellness through stretching, conscious breathing, simple postures, and relaxation. It can also help calm the nervous system, lower blood pressure, increase flexibility and improve balance. Adaptable for individual needs. Beginners welcome. Wear loose-fitting, comfortable clothing. Bring mat, blanket, and small pillow.

Pay instructor **NancyTobiessen** on the first day of attendance.

### Ballroom Dance

Fridays, 12:30-1:30 pm

For more information, call **Chuck Guare** at 374-9732 or email [guarecharles@gmail.com](mailto:guarecharles@gmail.com)

Please note that there won't be any ballroom dancing in January.

### Tai Chi practice

Tuesdays, 9:00 am

We welcome you to join our small group trying to maintain our Tai chi skills.

# CENTER ACTIVITIES

Center Membership is required unless noted otherwise. Be prepared to show your Membership Card.

## Responsibilities of activity participants

**Participants** in Center activities (meetings, discussion groups, cards and table games, films, presentations, etc.) using Center equipment (e.g., chairs, tables) **are responsible for retrieving and setting up** equipment needed for the activity, and for **returning** it when finished with the activity. In cases where someone else has kindly done some set-up for you, **you remain responsible** for take-down and put-away unless told otherwise by a responsible person.

## Coffee and Conversation

**Tuesdays, 9:00 - 11:00 am**

Enjoy some refreshments and a great cup of coffee while you share your thoughts with others. If you are new to the Center, this is a great way to meet new friends.



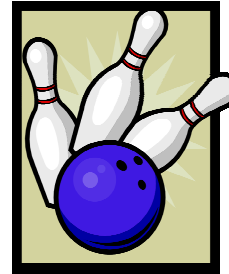
## Knitting and Crocheting

**Tuesdays, 1:00 pm**

Join us anytime! If you are a knitter or crocheter, stop by to meet some new friends. Want to learn either? We will help get you started. New members welcome!

Thanks to those who have replenished our supply of yarn. We do not need any more yarn at this time.

For more information, call **Anne Macejka** at 393-3551.



## Scotia-Glenville Senior Bowling League

**Wednesdays, 9 am from Sept., '14 to April, '15**  
at Blvd. Bowl, Erie Blvd., Schenectady

We're looking for bowlers to fill-in for snowbirds in our mixed bowling league. We bowl Wednesday mornings at 9:00 a.m. at Boulevard Bowl. It's a fun league, come and check us out. If you enjoy bowling, join us for the second half of the season. Call **Jake Lederman** at 399-5249 or **Butch Carpentier** at 374-1499 for more information. Lots of fun, laughs, good company.

## Mah Jong

**Mondays, 12:30 pm; Wednesdays, 9:00 am**

Anyone who knows the game is welcome to join us. We have the game boards or you can bring your own. We also play at the card sessions on Mondays and Thursdays.

## Pickleball

**Mon, Wed, Fri, 4:00 pm**

Novice play is scheduled for Mondays, Wednesdays, and Fridays. We're still looking for a coordinator.

Questions: leave message at desk.

## Senior Center Photographers

**Thursdays, 10:00 am**

Activities include taking photo trips to local sites, sharing slides and prints, demonstrating the capabilities of a photo-editing program on the Center's computer, and discussing any aspect of film or digital photography.

Free. Come check us out some Thursday.

## Silver Threads Quilters

**Thursdays, 1:00 - 3:00 pm**

We are a group of friendly, mentoring ladies who share threads of wisdom and create works of art. Check our Bulletin Board in the hallway and see photographs of our creations. Our latest creations are quilts for Camp Erin – a Hospice camp for children who are grieving the loss of a loved one. This year, we contributed 7 quilts, 14 pairs of mittens and 12 hats. Everyone is welcome; there is no fee.

**Jean Boss** won the Veterans Day Quilt Raffle. Congratulations!

## Cribbage

**Tuesdays, 10:00 am**

Our regulars participate in a Cribbage Tourney and, to say the least, the competition is spirited! We invite anyone who would like to play or learn to play... We are a very sociable group... Come join us.

# CENTER ACTIVITIES

Center Membership is required unless noted otherwise. Be prepared to show your Membership Card.

## Responsibilities of activity participants

Participants in Center activities (meetings, discussion groups, cards and table games, films, presentations, etc.) using Center equipment (e.g., chairs, tables) are responsible for retrieving and setting up equipment needed for the activity, and for returning it when finished with the activity. In cases where someone else has kindly done some set-up for you, you remain responsible for take-down and put-away unless told otherwise by a responsible person.

### First Monday Book Club

First Monday of month, 10:00 am

All Center members are welcome to join our monthly sessions. For each meeting, please read the book listed and come prepared to join the discussion.

**Jan. 5:** *Because of Winn-Dixie* by Kate DiCamillo

**Feb. 2:** *Art of Hearing Heartbeats*  
by Jan-Philipp Sendker

**Mar. 2:** *North River* by Pete Hamill

### First Friday Film Club

First Friday of month, 1:30 pm

**January 9th, '15: The Secretariat**

An impossible true story of one of the most famous thoroughbred horses ever known! **Diane Lane** and **John Malkovich** lead a celebrated cast in this moving story of the horse's unlikely owner, a housewife who risked everything to make him a champion.

**February 6th, '15: The Hundred-Foot Journey**

The owner of a celebrated French restaurant is initially incensed, when an Indian family opens a restaurant just down the street, until she takes the family's talented young chef under wing. The film is intelligent about food and life stressing the value of fresh vegetables with 'soul'. Starring **Helen Mirren**, **Om Puri** and **Manish Dayal**

Call **Dr. N. Nagarajan** (399-0195) to suggest films for future screenings. Snacks and coffee will be served at all shows.

### Acrylic and Oil Painting

Fridays, 10:00 am - 1:00 pm

See instructor, **Dani Morette**, for fees and schedule.

Find your inner self or perhaps rekindle an old passion for the love of creating something beautiful. Whether a beginner or even an experienced painter, you will be able to paint at your own pace with the expert instruction of **Dani Morette**. Learn how to create leaves on a tree, grass in the field, stream of flowing water or a flower vase.

### Card Playing

Mondays and Thursdays, 12:30 pm

We play bridge, pinochle, canasta, hand-and-foot card game.....and mah jong. This is a great opportunity to meet new friends.

Generally, foursomes are established and seldom have openings for drop-in players. If interested, stop by the front desk and add your name to the list of new interested players, indicating the game(s) of your interest. Someone will follow up with the list to establish new groups of play.

### Duplicate Bridge

Tuesdays, 12:30-4:00 pm

No previous experience is necessary. This is a friendly game! Come with your partner, or contact **Walter Overstreet** at 372-0448 if you need a partner.



### La Bella Lingua (The Beautiful Language)

Would you like to learn and practice Italian? Do you know Italian and would like to share your knowledge? **Ed Perazzo** would like to form a group in a casual get-together once a week at the Senior Center to explore ideas. Please call Ed at 399 1438.

# TRIPS and TRAVEL

- ◆ **Make reservations** in person (none by phone).
  - ◆ **Payment** must accompany reservation.
  - ◆ **Mail reservations** confirmed only if space is available.
  - ◆ Responsible adult must be with anyone requiring **walking aid**.
  - ◆ **Cancellations** reimbursed only if a replacement is found.
  - ◆ Center members may invite **family or friends** as guests on a trip.
  - ◆ **Children** should be at least junior-high-school age.
- ◆ **Non-members** not sponsored by members as described above are subject to bumping by a member who is on waiting list.
  - ◆ Trips that are for Senior Center **Members Only** will be so identified in the *Senior Moments* announcement.
  - ◆ *Senior Moments* cannot publish announcements of trips sponsored by **organizations other than** the Glenville Senior Center or those we team with for Joint Venture trips.



## Informational Cruise Night

January 27, 2015

Sign in starts at 6:30 PM – Presentation at 7:00 PM

Offering refreshments and prize drawings.

7 NIGHT BERMUDA CRUISE / Sailing June 12, 2015 / Departing from Boston, Massachusetts  
Kings Wharf, Bermuda (3 days)  
Starting from **\$887\*** per person

### SPONSORED BY CRUISE PLANNERS

\*Prices are per person, double occupancy, cruise only and on select sailings. Prices shown are for stateroom categories as noted and are shown in US Dollars. Government taxes and fees are additional. Airfare is not included. Prices and itineraries are based on availability and are subject to change without notice.

### For you puzzle lovers:

A little silver-haired lady calls her neighbor and says, "Please come over here and help me. I have a killer jigsaw puzzle, and I can't figure out how to get started."

Her neighbor asks, "What is it supposed to be when it's finished?"

The little silver-haired lady says, "According to the picture on the box, it's a rooster."

Her neighbor decides to go over and help with the puzzle.

She lets him in and shows him where she has the puzzle spread all over the table.

He studies the pieces for a moment, then looks at the box, then turns to her and says, "First of all, no matter what we do, we're not going to be able to assemble these pieces into anything resembling a rooster."

He takes her hand and says, "Secondly, I want you to relax. Let's have a nice cup of tea, and then," he said with a deep sigh .....

Continued on pg. 13





# GLENVILLE SENIOR CENTER – CALENDAR OF EVENTS

## January 2015

Thu 1 Senior Center & Dining Center Closed  
 Fri 2 Senior Center Closing at 1:00 pm  
 Mon 5 Book Club 10:00 am  
 Tue 6 Shopping-Clifton Park Mall  
 Thu 8 Board of Directors Meeting at 1:00 pm  
 Fri 9 Film Club 1:30 pm  
 Mon 12 Painting with Peggy 9:00 am - 1:15 pm  
 Tue 13 Shopping - Rotterdam Square Mall  
 Tue 13 American Legion Meeting at 1:00 pm  
 Mon 19 Senior Center & Dining Center Closed  
 Tue 20 Shopping - Clifton Park Mall  
 Sat 24 Pizza & Movie Night 5:00 pm  
 Tue 27 Shopping - Rotterdam Square Mall  
 Tue 27 Cruise Information Night 7:00 pm  
 Thu 29 Stampin'Up Cardmaking class  
 Thu 29 *Senior Moments* Deadline

## February 2015

Mon 2 Book Club 10:00 am  
 Tue 3 Shopping Clifton Park Mall  
 Tue 3 Caregivers Support Group 1:00 pm  
 Wed 4 AARP Tax 1:00 – 4:00 pm  
 Thu 5 Executive Council Meeting 9:00 am  
 Fri 6 AARP Tax Prep 1:00 – 4:00 pm  
 Fri 6 Ballroom Dancing 12:30 pm  
 Fri 6 Film Club 1:30 pm  
 Mon 9 AARP Tax Prep 9:00 am – 4:00 pm  
 Tue 10 Shopping Rotterdam Square Mall  
 Tue 10 American Legion Meeting 1:00 pm  
 Wed 11 AARP Tax Prep 1:00 – 4:00 pm  
 Thu 12 Board of Directors Meeting at 1:00 pm  
 Fri 13 Valentines Day Party (Ballroom Dancing  
 And Cookie Exchange) 12:30 – 1:30 pm  
 Fri 13 AARP Tax Prep 1:00 – 4:00 pm  
 Mon 16 Senior Center & Dining Center Closed  
 Tue 17 Shopping Clifton Park Mall  
 Tue 17 No YMCA Classes All Week  
 Tue 17 Driver Safety Class 2:00 – 5:00 pm  
 Wed 18 AARP Tax Prep 1:00 – 4:00 pm  
 Wed 18 Driver Safety Class 2:00 – 5:00 pm  
 Mon 23 AARP Tax Prep 9:00 am – 4:00 pm  
 Tue 24 Shopping Rotterdam Square Mall  
 Wed 25 AARP Tax Prep 1:00 – 4:00 pm  
 Thu 26 *Senior Moments* Mailing 9:00 am  
 Fri 27 AARP Tax Prep 1:00 – 4:00 pm



### Weekly Events – Jan.—Feb.

Mon	Card Playing	12:30 pm
Mon	Mah Jong	12:30 pm
Mon	Pickleball	4:00 pm
Tue	Cribbage	10:00 am
Tue	Coffee & Conversation	9:00 am
Tue	Knitting & Crocheting	1:00 pm
Tue	Duplicate Bridge	12:45 pm
Wed	Mah Jong	9:00 am
Wed	Pickleball	4:00 pm
Thu	Photography Group	10:00 am
Thu	Card Playing	12:30 pm
Thu	Quilting	1:00 pm
Fri	Acrylic & Oil Painting	10:00 am
Fri	Ballroom Dancing (Feb. only)	12:30 pm
Fri	Pickleball (exc. 2/6)	4:00 pm



### Attention GE employees, retirees, and spouses of either

Gifts of \$25 or more to the Senior Center can be matched by the GE Foundation's Matching Gift Program. You can register gifts to the Center by calling the GE Matching Gift Center at 1-800-305-0669, or online at [www.ge.com/foundation/matching\\_gifts.html](http://www.ge.com/foundation/matching_gifts.html).

On that website, the Senior Center appears on the list of "Approved" organizations as:

SCOTIA GLENVILLE SENIOR CITIZEN RECREATION  
 RELATED CONCERNS (Approved)  
 32 WORDEN RD., SCOTIA, NY 12302-3409  
 Tax ID: 222186497

**Note** that matching is available only for true gifts, not for payments for annual dues, trips, admission to events, meals, etc. Call **Vicki Hillis** for more information.

# GLENVILLE SENIOR DINING CENTER

*Operated at the Glenville Senior Center by Catholic Charities of Schenectady*

Open to all seniors. Senior Center membership not required.

**Kathy Conboy** – Meal Center Manager

**Diana Yeo** – Meal Center Assistant

The Senior Dining Center offers a hot, nutritious noon meal Mondays through Fridays. A variety of activities and programs take place prior to the meal, with penny bingo every day and prize bingo on Wednesdays after lunch. Every Tuesday, there is also transportation available for grocery shopping at 12:30 pm (\$2.00 round trip to Hannaford or Price Chopper).

**Reservations: Call 393-1946, 9:00 am to 2:00 pm, a day in advance.**

**Please call ahead if you need to cancel a reservation.**

Substitutions available. Make request when you call for reservation.

**PLEASE ARRIVE BY 11:45 FOR THE NOON MEAL**

Suggested donations for meals: \$3.25 for those 60+; \$6.00 for those under 60.

All are welcome. Have a good meal and meet some wonderful people.

\*Catholic Charities Transportation to the Dining Center is available.

Suggested donations are \$1.25 each way to and from the Dining Center.

<b>January 2015</b>		
Thu	1	CLOSED – New Years
Fri	2	Meatloaf with Gravy
Mon	5	Stuffed Peppers
Tue	6	Tomato Soup & Tuna Sandwich
Wed	7	Hot Turkey Sandwich
Thu	8	Spaghetti and Meatball
Fri	9	Fisherman’s Platter
Mon	12	Stuffed Cabbage
Tue	13	Salisbury Steak
Wed	14	Baked Lasagna
Thu	15	Philly Cheese Steak
Fri	16	Chicken & Rice Casserole
Mon	19	CLOSED– Martin Luther King Day
Tue	20	Pot Roast with Gravy
Wed	21	Ranch Chicken
Thu	22	Swedish Meatballs
Fri	23	Sweet & Sour Pork
Mon	26	Hot Roast Beef Sandwich
Tue	27	BBQ Chicken Breast
Wed	28	Hot Dog & Baked Beans
Thu	29	Turkey Roll Up
Fri	30	Meatloaf with Gravy

<b>February 2015</b>		
Mon	2	Stuffed Peppers
Tue	3	Tomato Soup & Tuna Sandwich
Wed	4	Hot Turkey Sandwich
Thu	5	Spaghetti and Meatball
Fri	6	Fisherman’s Platter
Mon	9	Stuffed Cabbage
Tue	10	Salisbury Steak
Wed	11	Baked Lasagna
Thu	12	Philly Cheese Steak
Fri	13	Chicken & Rice Casserole
Mon	16	CLOSED – Presidents Day
Tue	17	Pot Roast with Gravy
Wed	18	Ranch Chicken
Thu	19	Swedish Meatballs
Fri	20	Sweet & Sour Pork
Mon	23	Hot Roast Beef Sandwich
Tue	24	BBQ Chicken Breast
Wed	25	Hot Dog & Baked Beans
Thu	26	Turkey Roll Up
Fri	27	Meatloaf with Gravy

# COMMUNITY CONNECTIONS

*These events are open to the public; Center membership is not required.*  
DISCLAIMER: Neither *Senior Moments* nor the Scotia-Glenville Senior Citizens Inc. can endorse or take responsibility for any organizations or services mentioned in news items or advertisements herein.

## American Legion Post 1001 Scotia, NY

Second Tuesday of month at 1:00 pm.  
Upcoming meetings: Jan. 13th, Feb. 10th, March 10th  
Bill Wragg, Cmdr.; Kurt Von Maucher, Adj.

## Caregiver Conversations

First Tuesday of month, 1:00 pm  
Caregivers meet monthly at the Center to discuss caregiving issues faced in people's daily lives. Facilitated by Vicki Hoshko, Schenectady County Caregiver Support Coordinator. Upcoming meetings: Jan. 6th, Feb. 3rd, March 3rd

## Call for Tax-Aide Volunteers

AARP Tax Aides provide free tax preparation service at 3 locations in Schenectady County including Glenville Senior Center. All sites need new volunteers to keep this valuable program available. **Most volunteers did not start out with vast knowledge of tax law. So please don't feel intimidated!**

AARP provides training materials, testing and hands-on computer training prior to starting the services.  
Call Blanche Fischer at 382-7929 for more details.

## Military Courtesy Room At Albany Airport

Albany International Airport welcomes our armed forces personnel who are in transit through the airport. We offer food, drinks and media entertainment in a comfortable setting for all the service people. Those who are interested in volunteering in the room should contact: John McKenna at 280-2801, Doug Buzzard at 858-3579 or Larry Schwartz at 399-7406. Thank you.

## Scotia-Glenville School Senior Citizens Pass

Passes are available to school district residents over age 65 entitling them to free admission to school plays, musicals and home athletic contests (except basketball games, Section II and Invitational events.)

The pass also entitles seniors to enroll in Continuing Education courses at no cost for specific adult education classes marked with asterisks in the brochure in which instructors are paid on a per-pupil basis.

The passes may be obtained at the Scotia-Glenville school district office during regular weekday office hours. Call 347-3600 (ext. 71101) for more information.

### MEMBERSHIP APPLICATION

Jan. 1 thru Dec. 31, 2015

SCOTIA-GLENVILLE SENIOR CITIZENS, INC.  
32 Worden Road, Glenville NY 12302

### Annual Fee:

Glenville & Scotia residents: \$15 per person; Non-residents: \$25 per person  
Checks preferred. Payable to: Scotia-Glenville Senior Citizens, Inc.  
If cash, exact amount please.

Check one:  New Member  Renewal [Senior = 55 or older]

Check one:  Resident  Non-resident

\* These items required on ALL applications – new members and renewals

PLEASE PRINT

\*Name1 \_\_\_\_\_ e-mail \_\_\_\_\_

\*Name2 \_\_\_\_\_ e-mail \_\_\_\_\_

\*Address \_\_\_\_\_

\*City/State/Zip \_\_\_\_\_ \*Phone \_\_\_\_\_

Interests/Talents/Comments \_\_\_\_\_

Referred by: \_\_\_\_\_ Registration #: \_\_\_\_\_

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A program of  
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...Continued from page 8.

"let's put all the Corn Flakes back in the box."



Contributed by Max Gollmer.



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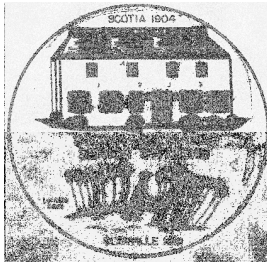
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**CONTACTS**

Senior Center Coordinator  
**Vicki Hillis**  
Glenville Senior Center  
Administrator:  
**Jamie MacFarland**  
Village of Scotia Liaison:  
**Tom Gifford**  
Town of Glenville Liaison:  
**Sid Ramotar**